

Positive Alternatives April - June 2016 Quarterly Update

Grantee: LAKES LIFE CARE CENTER

Goal: To provide resources, referrals, pregnancy and parenting education, ultrasounds, and after hours phone support to pregnant and parenting women in the north metro

For the period: April 1 – June 19, 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Outreach	Meet with social service agencies and community organizations to access services for clients and seek referrals; develop relationships with local schools; update brochures and flyers, update and maintain website; advertise		Visited with Washington county public health nurses, talked with local social service agencies regarding sex trafficking, Forest Lake Area Partnership for Families, Lakes Area Women In Business, Youth Service Bureau. Shared information with WIC and the Wash. County Workforce Center	
Hotline	Provide after-hours and weekend call service; pregnancy counseling; provide accurate medical information and referrals	50	This program has switched to OptionLine for answering phones after hours. OptionLine does not document the number of calls coming in. We have retained the use of one cell for the purposes of allowing clients to text us and for us to text them.	NA
Parenting Education	Provide individual parenting education classes in an incentive program	20	Clients in parenting classes are asking for more classes dealing with life skills, like budgeting, menu planning and house cleaning.	44
Pregnancy Education	Provide individual pregnancy education classes in an incentive program; provide referrals when requested to child birth preparation classes, medical assistance, financial assistance and other	20	3 new pregnant clients have recently signed up for classes. We have 3 new trained instructors who are available to accommodate their scheduling needs	34

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	10	We have been referring clients to outside resources such as, WIC, Local food shelves for food and housing needs, Washington county and child care assistance programs	17
Ultrasound	Nursing staff provides intake, assessment, ultrasounds, prenatal vitamins when needed; provides counseling and referrals when requested	10 - 12	This quarter every client that received a positive pregnancy also came back for an ultrasound.	15

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	3
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	3

Challenges: One of the biggest challenges is getting clients to show up for appointments. We have started texting reminders which seems to help but even with all of the reminders some clients still fail to show up for appointments.

Comments: May was a very big month for us for all programs we had a yearly high this month. Not sure if it is just a blip on the radar or if there is a trend. We will continue to watch this. I client stopped by with her baby on their way home from the

hospital stating “We wanted you to be the first one to meet our new baby because you were the first ones who told us you would help”